**Caroline Allen of “neadal & fred”**

**WELSH FLAG QUILT** (approx. 4’ x 6’)

**MATERIALS - adjust material amounts, if using a different sized flag**

5’ x 3’ polyester flag (I got mine from a hardware store for £3.99)

1.75m White sky fabric

1.75 m green grass fabric

Approx. 2m x 1.25m wadding -

Approx. 2m x 1.25m of wider sheeting cotton for backing

255”x 2” binding fabric – just under ½ m of fabric

OPTIONAL: 255” x 1.25” contrast binding, if you wish to use a flange binding finish

Red dragon fabrics

NB: I used the same non-directional fabric, for key sections of the dragon; if you wish to do the same then here is what you need:-

28” x 21” wing bones

28” x 21” wing webbing

19” x 10” tail

9” x 7” tail’s tip

17” x 13” large back leg

15” x 11” smaller back leg

11” 16” raised front leg

11” x 12” front leg

Black thread – large reel for the applique

White and green thread for quilting the background

NOTE: you will get waste pieces as you cut around the templates, from which you could use throughout the rest of the dragon. I chose not to, as I had plenty of other red scraps to use.

More red scraps, ranging in size (small for claws, larger for the head/neck) refer to your flag

Small amount of white/cream fabric for the teeth and eye

Small amount of black for the centre of eye

Pritt stick – preferably not a cheap glue stick

Air/heat erasable fabric marker

**EQUIPMENT**

Sewing machine in good working order

Straight stitch and zig-zag foot, darning/free machining foot

Fabric & embroidery scissors – sharp

Rotary cutter, mat, and quilter’s ruler

Sharp pins